

Wii Bowling Tournaments

Tuesdays at 1pm

Cost: 2\$ per person

Prize money goes to top
winners

Members and their friends are
welcome to come and play



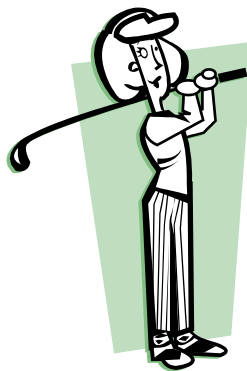
Come try out our Wii Fit at Centennial Hall! Wii Fit takes the whole concept of games as exercise to a new level! It is an innovative mixture of fitness and fun. Wii Fit features four main categories to choose from: Strength Training, Aerobics, Yoga, and Balance Games. Wii Fit also tracks the activities you do the most and puts them into the Favorites category. The use of the Wii Fit is free to members and can be used during our regular office hours. For your privacy, the door can be closed during your workout. Come try it out!



Wii GOLF



Are you a golfer who wants to stay in shape during our long cold winters? Are you interested in learning how to play golf without having to buy expensive equipment? If this sounds like you, come join us on Monday mornings at 9am starting on October 12th for Wii Golf. This is for members and their guests.



**Centennial Hall
608 Harriman Ave**