

EARLY STAGE ALZHEIMERS SUPPORT GROUP

WHEN: First Wednesday of the Month at 10:00AM

WHERE: Amery Senior Center, 608 Harriman Ave. So., Amery

The meetings will be for Diagnosed Person and Caregiver.

The Challenges in Early Stage Dementia will be discussed in future meetings. Such as

- Maintaining a Continuity of Self
- Adjusting to Interruption of Continuity
- Balancing Autonomy with Dependence
- Finding/Maintaining Community
- Coping with Changing Relationships
- Managing Intellectual and Functional Changes

Therapeutic Benefits of Family Involvement

- Both gain understanding of the disease
- Mutual support and information sharing
- Increased communication among other family members and the person with Dementia
- Helps both families and individuals recognize each other's reactions to the disease, Develop empathy
- Feelings of empowerment
- Preservation of dignity and self-esteem of families as a whole

For further information and registration for the meetings, please contact Gloria Bauer, P.O.Box 554, Amery, WI Phone: 268-6644 or the Amery Senior Center 268-6605