

Kari Fladwood– Director
Susan Shachtman- Ass't Director

SEPTEMBER 2010

Centennial Hall-608 Harriman Ave South-Amery, WI 54001

715-268-6605 – www.ameryasc.org

Office Hours: 8am-4:30pm * Circuit Breakers 6am-6pm



| Sun | Mon | Tue | Wed | Thurs | Fri | Sat |
|--|--|--|---|---|---|---|
| | <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p><i>Members: Please report to us any hours you have volunteered for any organization</i></p> </div> | | <p>1 9am Senior Aerobics 10am Alzheimers Support 1pm Bridge</p> | <p>2 9:30am Pool 11am Blood Pressure 11:45am Birthday Party 12:30 Northern Lakes for Arts Program 12:30 Hand/Foot Cards 1pm Poker 1pm Game Day 6:30 Overeaters Anon. 6:30pm Duplicate Bridge</p> | <p>3 9am Senior Aerobics 1:30pm Hardanger</p> | <p>4 Rental</p> |
| <p>5 5:30pm Twin Lakes Christian Community</p> | <p>6 Closed</p> | <p>7 8:45-4 DMV 9am Pool Tourney 9:30 Quilting 11:30 Free Makeovers 1pm Wii Bowling Tourn. 6pm Stamping/Scrbpkg</p> | <p>8 9am Senior Aerobics 9am Foot Clinic 1pm Bridge 1pm Conversational Spanish Club</p> | <p>9 9am Miracle Ear 9:30am Pool 10am Medica 12:30 Hand/Foot Cards 1pm Game Day 6:30 Overeaters Anon. 6:30pm DNR 6:30pm Duplicate Bridge</p> | <p>10 9am Senior Aerobics 9am Mah Jong 1pm Bingo 1:30pm Hardanger 6:30pm Wii Game Night</p> | <p>11</p> |
| <p>12 5:30pm Twin Lakes Christian Community</p> | <p>13 9am Senior Aerobics 9am Wii Golf 10-3 Circle of Sisters 1pm Bridge 1:30pm Cribbage 6:30pm DNR</p> | <p>14 9am Pool Tourney 9:30am Quilting 1pm Wii Bowling Tourn. 1:00 Rental 6:30pm ATV Club 6:45pm 500 Card Party</p> | <p>15 9am Senior Aerobics 1pm Bridge</p> | <p>16 9:30am Pool 12:30 Hand/Foot Cards 1:00 Job Search with a Record program 1pm Game Day 1pm Poker 6:30 Overeaters Anon. 6:30pm DNR 6:30pm Duplicate Bridge</p> | <p>17 9am Senior Aerobics 1:30pm Hardanger</p> | <p>18</p> |
| <p>19 8am-Noon Pancakes Under the Tent OPEN TO THE PUBLIC 5:30pm Twin Lakes Christian Community</p> | <p>20 9am Senior Aerobics 9am Wii Golf 1pm Bridge 1:30pm Cribbage 6:30pm DNR 7pm Sustainable Amery</p> | <p>21 9am Pool Tourney 9:30am Quilting 1pm Wii Bowling Tourn 6pm Stamping/Scrbpkg</p> | <p>22 9am Senior Aerobics 1pm Bridge 1pm Conversational Spanish Club</p> | <p>23 9am Miracle Ear 9:30am Pool 12:30 Hand/Foot Cards 1pm Game Day 6:30 Overeaters Anon. 6:30pm DNR 6:30pm Duplicate Bridge</p> | <p>24 9am Senior Aerobics 9am Mah Jong 1pm Bingo 1:30pm Hardanger 6:30pm Wii Game Night</p> | <p>25 Trempealeau County Trip</p> |
| <p>26 5:30pm Twin Lakes Christian Community</p> | <p>27 9am Senior Aerobics 9am Wii Golf 1pm Bridge 1pm German Club 1:30pm Cribbage 6pm ACF Foundation 6:30pm DNR</p> | <p>28 9am Pool Tourney 9:30am Quilting 1pm Wii Bowling Tourn 6:45pm 500 Card Party</p> | <p>29 9am Senior Aerobics 10 Yoga Demonstration 1pm Bridge</p> | <p>30 9:30am Pool 12:30 Hand/Foot Cards 1pm Game Day 6:30 Overeaters Anon. 6:30pm DNR 6:30pm Duplicate Bridge</p> | <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>CIRCUIT TRAINING EXERCISE Monday – Thursday 6am-6pm. Fridays from 6am-noon. \$10 month!</p> </div> | |